



Camp Long

Environmental Learning Center

WINTER
2004

JANUARY 1 —
MARCH 31



Camp Long

“Jewel of the Emerald City” is one of Seattle’s BEST KEPT SECRETS. Located in West Seattle, this 68-acre park and environmental learning center offers visitors an opportunity to enjoy nature, hike in the forest, camp overnight in rustic cabins, rock-climb and learn about natural history. Part of Seattle Parks & Recreation Department, Camp Long Environmental Learning Center is the only city park that offers overnight camping. Please come, visit, relax and enjoy nature right here in the city!

The Wonder of Nature Awaits You...

What’s Inside

Operating Hours, Directions, Staff	pg 2
Calendar	pg 3
Camp Long Rental Information	pg 4
Notes from the Head Squirrel	pg 5
Nature on Horseback	pg 6
Special Events	pg 7
Landscape Design Contest	pg 7
Weekend Naturalist Series	pg 9
Nature at Night	pg 10
Tot Walks	pg 11
Art & Science Classes	pg 11
Wild Parties at Camp Long!	pg 14
Longfellow Creek Happenings	pg 15
Stewardship Opportunities	pg 16 & 17
School/Group Nature Programs	pg 18 & 19
Policies and Procedures	pg 20 & 21
Registration Form	back cover

Camp Long Environmental Learning Center

5200 35th Ave. SW
Seattle, WA 98126-2804
Phone: 206-684-7415 Fax 206-684-7435
Visit us online at www.seattle.gov/parks!

Hours of operation

January and February

Tuesday – Saturday 10 a.m. – 6 p.m.

March

Tuesday – Sunday 10 a.m. – 6 p.m.

Holiday closures

January 21, Dr. Martin Luther King, Jr.'s birthday
February 18, Presidents' Day

Program registration

Mail-in registration begins December 13
Walk-in registration begins January 5

Program dates

January 1 to March 28

Directions to Camp Long

Camp Long is located at 5200 35th Ave. SW in West Seattle. Use Bus route #21 to get here.

By car from I-5 take exit 163 - Spokane St./West Seattle Bridge Exit.

From Hwy 99 So. take West Seattle Bridge exit.

Follow the W. Seattle Bridge to the end (Fauntleroy exit) and turn left (South) onto 35th SW. Continue south about 2/3 of a mile up hill and turn left (east) on Dawson St. (Watch for a brown Camp Long sign on the west side of 35th Ave. SW). Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.

Department Administrative Staff

Ken Bounds, Superintendent
Herbye White, Recreation Support Director
Charles Sablan, Environmental Learning Centers Manager

Camp Long Staff

Terri Arnold, Education Programs Supervisor
Jacinta Talamaivao, Administrative Specialist
Roy Amdal, Maintenance Laborer

Seattle Parks Naturalists

Sheryl Shapiro, Longfellow Watershed Educator
www.longfellowcreek.org
Jeanie Murphy-Ouellette, Naturalist
Sherry Mathers, Naturalist
Hariana Chilstrom, Naturalist

Contract Program Naturalists

Linda Marsh
Rebecca Schroeder
Brian Heerd
Becca Hardie
Sophia Wheelwright
Sandy Beaucage
Renee Devine
David Friedman
David Watness



Volunteers

Sandy Beaucage
Mike Marsh
Jack Pedigo
Laura Tyler
Jeanne Wharnsby
Eagle Scouts: Cole Barrett, Evan VanValkenberg,
Jayson DeMers, Scott Branska, and Robert Schmuck

Camp Long Advisory Council

Cec MacClure, Treasurer
Carol DePelecyn, Secretary
Sandy Beaucage

Check out our website at www.camplong.org

Camp Long's Fabulous Facilities!

- 10 rustic cabins available for rent.
- Lovely main lodge available to rent for meetings, parties, weddings, reunions, etc.
- Hiking trails, pond, creek
- Rock & glacier climbing
- Picnic shelters and large camp-fire ring

New Classes & Programs for All Ages!

Bring the whole family!

- Winter Dinner with Arthur Lee Jacobsen
- 1st Peoples Native American Stories
- Camp Long Family Program & Lecture Series
- Meet Seattle's Peregrine Falcons!
- Art & Nature classes

Register EARLY for the best choices. Popular classes fill quickly.

Register for programs by email
camplong@seattle.gov.

COVER PHOTO: Graham Hill Elementary's 4th- and 5th-graders from Ms. Marcia Smith's class belong to a Native Plant Study Group. They have been removing invasive plants on Camp Long trails and replacing them with native plants from Seattle Parks & Recreation's Atlantic Nursery. Front and center is Terri Arnold, Camp Long Supervisor.

Calendar

January

- Sat, Jan 10 Wonder Worms
Wed, Jan 14 Family Nature Scrapbooking #1
Thu, Jan 15 Tot Walk #1
Tue, Jan 20 January Evening Low Tide Exploration
Tue, Jan 20 Scrapbook Border Making #1
Wed, Jan 21 All About Birds
Sat, Jan 24 Sun Catchers #1
Sat, Jan 31 Container Gardening with Native Plants

February

- Mon, Feb 2 The Mountaineers 2004 NW Environmental Issues Course
Wed, Feb 4 Sun Catchers #2
Fri, Feb 6 Nature Scrapbooking for Kids – Make a Valentine!
Sat, Feb 7 Meet Seattle's Peregrine Falcons!
Sat, Feb 7 Nature Prints
Sat, Feb 7 Wrap It Up!



- Thu, Feb 12 Tot Walk #2
Wed, Feb 18 Cold Blooded Critters!
Sat, Feb 21 *Winter Dinner with Arthur Lee Jacobsen!*
Sat, Feb 21 Sun Catchers #3
Wed, Feb 25 Family Nature Scrapbooking #2
Sat, Feb 28 First Peoples, Native American Stories and Culture of Puget Sound

March

- Sat, Mar 6 Draw Near to Nature
Sat, Mar 6 March Full Moon Walk
Wed, Mar 10 Family Nature Scrapbooking #3
Sat, Mar 13 Searching for Salamanders
Thu, Mar 18 Tot Walk #3
Thu, Mar 18 Butterfly Gardening
Sat, Mar 20 Scrapbook Border Making #2
Sat, Mar 20 Spring Sprung!
Sat, Mar 27 Critter Tracking



Rental Information

Facilities & Reservations

Camp Long Main Lodge: A fantastic place to host a party, meeting, workshop or special event. The lodge features a brick fireplace, tall ceiling and has a maximum capacity of 72 people. Twelve 6 foot-long banquet tables and 72 chairs included in rental costs.

Fees: \$45/hr + \$10 booking fee for private events. Add \$15/hr for rentals held after facility is closed. Add \$60 if serving alcohol. Refundable damage deposit of \$250 (or \$500 with alcohol) required.

Payment of fees and deposit required at time of reservation to hold the reservation.

*Ask about lower rates for community sponsored events.

Cabin and Shelter Rentals: Camp Long features 10 rustic outdoor cabins that sleep up to 12 people. We also offer two separate covered shelter areas with picnic tables that are perfect for group events. Reservations for private functions can be made, or ask about special programs offered by Camp Long Naturalists that include overnight cabin use.

Cabin Fees: \$35/night per cabin. \$50 refundable damage deposit required.

Shelter Fees: East shelter with 7 tables \$90/day. West shelter with 5 tables \$70/day.

Rules: Please check with staff on specific rules for cabin/shelter use. Groups are responsible for cleaning up all areas used. No pets or electric heaters allowed.

Payment of fees and deposit required at time of reservation to hold the reservation.

Weddings and Special Events: Check out Camp Long for indoor or combined indoor/outdoor parties, receptions and events. Fees start at \$400 for up to 7 hours of use. Call the Environmental Learning Center at 684-7434 to receive a special brochure and/or information.



Notes from the Head Squirrel

Happy Winter everybody! It's definitely **Winter** at Camp Long but we are far from hibernating! As in nature, things APPEAR to be slowing down but activity continues all around us. While the trees drop their leaves and the frogs burrow down in the mud, our work takes us inward as we prepare for a busy 2004. That means mending our burrows and nests (renovating office space), caching our supplies (organizing and repairing our program materials), conserving energy (for the thousand of school groups that visit Camp Long in spring!) and experiencing a gestation period where we will be developing new program directions.

You'll notice fewer programs offered this winter, and as some programs go into dormancy, others are being created. Look for our new Schurman Rock climbing programs this spring! We are also excited about our upcoming family bird programs, developed in partnership with Seattle Audubon Society (see Jan 21st and Feb 18th). Please be sure to join us on February 21 for our Winter Dinner with renowned local author, Arthur Lee Jacobsen, horticultural expert and author! This is a fundraiser for Camp Long's Advisory Council and we appreciate your support of our continued efforts to provide low cost nature programs to the community.

As we each turn toward taking care of our homes, neighborhoods, and communities, we encourage you to explore the possibilities of environmental stewardship. Camp Long aims to help our neighbors and friends learn more about stewardship of our green spaces in 2004.

We're looking forward to this winter of renewal and hope you have a great season too. Please take some time to join us for one or more of our wonderful winter programs or special activities.

Warm regards to you and yours!

Terri Arnold, *Camp Long Supervisor*



Volunteers!

What Would We Do without Them?

The entire staff at Camp Long wishes to thank the following volunteers and Eagle Scouts for their important and invaluable contributions to Camp Long throughout the 2003 year!

Sandy Beaucage – Veteran Volunteer! (23 years)

Jeanne Wharnsby – Dedicated Visitor and Volunteer!

Jack Pedigo – New Volunteer working on Library & History

Cole Barrett – Eagle Scout, Firewood storage sheds

Evan VanValkenberg – Eagle Scout, Compost bin station

Jayson DeMers – Eagle Scout, Way-finding trail signage

Scott Branska – Glacier trail steps

Robert Schmuck – Lodge entrance cabinet

Advisory Council Members

Timothy Lowry, President

Cec MacClure, Treasurer

Carol DePelecyn, Secretary

Sandy Beaucage

Andrew Finch

Laura Tyler

Mike Marsh

206-684-7434



camplong@seattle.gov



www.camplong.org

Notes from the Head Squirrel

Nature on Horseback Goes Out to Winter Pasture...

Camp Long's unique series combining nature exploration and equestrian adventure was a big hit with 11 successful programs! Over 114 people ranging in age from 7 to 70 participated in these exciting programs! Something for everyone – from novice to experienced riders, all were awed and inspired by the beauty of northwest flora and fauna and delighted in being a horse rider for a day.

Novice riders enjoyed a special experience at **Camp Berachah in Black Diamond** on the Camp Berachah 'Forest Rides'. Camp Long's naturalists led family groups on nature walks along the forest and explored life in salmon-bearing Covington Creek. People shared their ideas of how people can help the salmon by improving water quality and engaged in critical thinking and stewardship awareness. Then the group headed for the stables to meet Camp Berachah's fine Horsemanship Staff and their gentle horses. Naturalists stopped along the forest ride to teach about local plants from horseback.

Experienced riders enjoyed long rides along the scenic trails in the Cascade Foothills. Gerhard Jorgenson, expert horseman, and owner of **Jorgenson Enterprises**, brought his peppy, well trained trail horses. The popular 'Woodland Waterfall' rides wound through lush forest trails past enchanting trees draped in long lichens. A waterfall and pool surrounded by green fernery and moss-covered old growth trees was our final destination. Gerhard spun horse yarns as we lunched above the waterfall and then we hiked down the trail to explore native plants, old growth trees and aquatic life in the pool below.

For some families, this ride was a new experience, sharing nature together and venturing into the world of the equine (horses). For others, the programs awakened and renewed a love of nature and horses. For all, the experience encouraged participants to observe and care about the natural world around them and to consider their place, space and relationship to our world.



Now, 'Nature on Horseback' is heading for winter pasture where rest and renewal, new directions and trails will be considered. We search for innovative ways of bringing urban and inner city citizens to nature to awaken their concerns for our environment enabling them to become good stewards of the earth.

Thanks to everyone who came on the 'Nature on Horseback' programs. Thanks also to Camp Berachah Staff and Gerhard Jorgenson & his Wranglers who worked so well and thoughtfully brought safe, enjoyable horseback rides to everyone. Carrots to the horses too, of course.

Happy trails to you! See you in 2004!

Sherry Mathers, *Naturalist and Program Lead*

Camp Berachah, 800-859-2267, has excellent horsemanship lessons for all ages, also therapeutic riding sessions. Jorgenson Enterprises, 425-788-5103, offers four hour trail rides, pony parties, hay rides, wagon train excursions and more.

Call or visit www.horsebackridingstables.com/jorgenson

Special Events

Winter Dinner with Arthur Lee Jacobsen!

Sat, Feb 21 7 – 10 p.m.

Listen to delightful live music, enjoy a delicious meal, and learn about Northwest plants from a master – all part of our **Winter fundraiser for Camp Long's programs.**

We invite you to join us for dinner! Let us do the cooking for you and your family – then we'll serve you a scrumptious desert and that's not all!

Our evening begins with lovely music from Rebecca Schroeder, a talented and versatile local violinist. Her music will add a sweet and sensitive touch to the evening. After dinner get comfortable and relax while we serve you a hot beverage and you listen to renowned local author, **Arthur Lee Jacobsen, horticultural expert.** Mr. Jacobsen will talk with us about Northwest Edible Plants and Trees of Seattle, the basis for his books. Children can enjoy a special nature nook where they can create nature crafts.

Fee: Adults \$20, Seniors \$16, Children \$11 (includes craft material costs.)

There are 6 slots for volunteers at this special event. We will accept two volunteer hours in lieu of ticket price. Call Terri at 206-684-7415.

We appreciate your support of our continued efforts to provide low cost nature programs to the community.



Arthur Lee Jacobsen with a young student of nature.

Camp Long Environmental Learning Center Design Contest

Landscape Design Contest Underway at Camp Long.

Camp Long Environmental Learning Center seeks a design for our north meadow! If you are interested in participating in this exciting opportunity, you can pick up an information packet at Camp Long's reception desk.

The packet will include design criteria, desirable garden elements, plot dimensions, and instructions for completion. One winner and one runner-up will be selected by a panel of judges made up of Camp Long naturalists, an interpretive specialist, a community member, an advisory council member and a landscape design professional.

The winner will receive a package of prizes worth approximately \$300 in addition to a personalized plaque in the completed garden.

Camp Long's Advisory Council will apply for a Neighborhood Matching Fund grant to install the garden according to design in 2004.

Special Events

Camp Long Family Program & Lecture Series

Winter is a great time for slowing down the pace of our lives and opening up our minds... Come to Camp Long and relax as you enjoy exciting family nature programs and interesting lectures from local natural history experts and authors. *Your attendance will help support Camp Long's Scholarship Fund.*

Here's a line-up of Winter guests:

All About Birds

Wed, Jan 21 7 – 8 p.m.

\$5.00

Pre-registration and payment due by 2nd Saturday of each month

How do birds communicate? What is a raptor? How do birds feed? Study real bird pelts, identify local birds and their calls and learn to use binoculars for backyard birding with your family. *A family program presented by Seattle Audubon Society*



Cold Blooded Critters!

Wed, Feb 18 7 – 8 p.m.

\$5.00

How are reptiles and dinosaurs related? Do lizards have eyelids? What venomous snakes live in the U.S.? Learn about the development of our favorite cold-blooded critters, hear stories of reptile encounters and **see and touch real live reptiles!** *A family program presented by Seattle Audubon Society*

Butterfly Gardening

Thu, Mar 18 7 – 8 p.m.

\$5.00

Just in time for planting your Spring garden local author and butterfly expert

Clair Hagen-Dole visits

Camp Long to share slides and discuss all things butterfly. Clair is a Seattle resident and former editor of the Butterfly Quarterly Newsletter. She will disclose information from her newly released **The Butterfly Gardener's Guide**. Don't miss this timely opportunity to bring beautiful butterflies into your backyard! *A family program presented by Seattle Audubon Society*



Programs

Weekend Naturalist Series

Wonder Worms

Sat, Jan 10 10 a.m. – Noon

Discover the wonderful world of worms and find out how to succeed with worm composting. You will learn about the biology of worms, how earth worms and compost worms are different how you can create your own worm-bin. This fun, hands-on class is for anyone who wants to learn about these wiggly wonders and how they can help turn kitchen garbage into garden gold.

\$7.00 Fee includes printed instructions for worm box construction. Please pre-register by Feb. 27

Instructor: Haryana Chilstrom

Location: Camp Long lower level

Meet Seattle's Peregrine Falcons!

Sat, Feb 7 8 a.m. – 1 p.m.

Join local raptor expert, Martin Muller and Camp Long naturalist in search of the fastest bird in the world! Discover the urban haunts of these speed demons and get the latest information about these amazing birds. Make a visit to Woodland Park Zoo's Raptor Barn to meet a peregrine up close. Other winter birds we're likely to find on our urban trek are Red-tail Hawks, eagles and wintering waterfowl.

Age: Adults and youth who like bird watching

\$6.00 Dress in warm layers and be prepared for standing in one spot. Bring latte money, binoculars and a spotting scope if you have one.

Pre-registration and full payment is due by noon on Thurs, Feb. 5th, 2004

Location: Camp Long



First Peoples, Native American Stories and Culture of Puget Sound

Sat, Feb 28 7 – 8:30 p.m.

Join us for an evening of stories and culture about the first peoples of Puget Sound. Our local Native American population has influenced and enriched us and is responsible not only for regional names, but is at the very heart of life in the Northwest. We will be presenting regional stories and vignettes of the life of Northwest Coast Peoples as well as activities and food. Gather around the fire in the Camp Long Lodge for a fun and educational time.

Age: All ages

\$4.00 Children ages 3 – 12 \$4.00, Adults \$6.00

Pre-registration and payment due by Feb. 21.

Location: Main Meeting Room

Searching for Salamanders

Sat, Mar 13 10 – 11:30 a.m.

Stroll through the woods peeking under logs for glimpses of glistening salamanders. Then "dive right in" to Pollywog Pond with dip nets to find egg masses and catch larval and adult salamanders. Enjoy close up looks at these interesting animals and then return them gently to their watery home.

Age: All ages welcome!

\$5.00

Pre-registration and payment due by noon Fri. March 12.

Programs

Spring Sprung!

Sat, Mar 2010 – 11:30 a.m.

Celebrate the official beginning of Spring – the vernal equinox – where day and night are equal length in the northern hemisphere. Walk the trails of Camp Long searching for the heralds of Spring: bursting buds, flowers abloom, and the wonderful music of birds in song! Bring binoculars if you have them.



Age: Adults and children accompanied by adult

\$3.00 Pre-registration required by March 13

Instructor: Jeanie Murphy Ouellette

Location: Camp Long

Critter Tracking

Sat, Mar 2710 – 11:30 a.m.

Join us to hunt for signs of raccoon, fox, crow and other animals that live in the forests of Camp Long! Learn how to locate, identify and preserve tracks. Each tracker takes home a plaster casting of a track they make themselves!

Age: Adults and children (7 & older) accompanied by adult

\$6.50 Fee includes cost of plaster.

Pre-registration & payment due by Mar. 26 at noon.

Nature at Night

January Evening Low Tide Exploration

Tue, Jan 20

8:30 – 10 p.m.

Good low “tidings” to you! Bring your family and friends and join a Camp Long naturalist for a fascinating low tide walk at night! Explore a whopping -3.0 low tide, one of the lowest tides of the winter! Bring a headlamp or flashlight to watch nocturnal beach life like nudibranchs, clams & chiton in motion. Look for luminescent ghost shrimp and possibly see an elusive octopus.



Age: All ages that can walk on slippery seaweed at night.

\$4.00

Dress for cold and rain. Wear shoes or boots that can get wet! We will meet at Mee Kwa Mooks Park in West Seattle. Call Camp Long for directions.

Pre-registration and payment is due by Sat. 1/17/04 at noon.

March Full Moon Walk

Sat, Mar 6 7:30 – 9 p.m.

Take an evening to enjoy a gentle stroll in Camp Long’s woods by the light of the silvery moon! We will listen for owls softly calling, watch for foxes and listen to night sounds at the ponds. Learn some mysteries of the moon and nature at night!

Age: All ages welcome!

\$6.50

Pre-registration and payment due by March 26th at noon.

Dress warmly and water-tightly!

Programs



Winter Tot Walks

Explore the *Winter Wonders!* of nature with your little ones. Discover life in the forest, pond and meadow. Be sure to dress for the weather and wear boots that can get wet and muddy! We will go outside! If the weather is nasty, we will spend some time inside making nature crafts. Meet at Camp Long.

Instructor: Sandy Beaucage.

Ages: Adults with tots 2 to 5 years old. Not more than 2 tots per adult please.

Tot Walk #1

Thu, Jan 15 10:30 – 11:30 a.m.

Pre-register and pay by noon on Jan. 14, 2004

Tot Walk #2

Thu, Feb 12 10:30 – 11:30 a.m.

Make a Nature Valentine! Pre-register and pay by noon on Feb. 11, 2004

Tot Walk #3

Thu, Mar 18 10:30 – 11:30 a.m.

Pre-register and pay by noon on Mar. 17, 2004

Art and Science Classes

Container Gardening with Native Plants

Sat, Jan 31 10 a.m. – 12:30 p.m.

If space is limiting your gardening potential, come learn how to create elaborate professional planter displays well suited to the Northwest. We will discuss appropriate containers, soil mixes, sun exposure and year around interest. You will learn how you can achieve the look you desire. Participants will be creating their own container garden to take home with them.

Age: All Ages

\$35.00 Covers class and cost of materials

Location: Main Meeting Room



206-684-7434



campplong@seattle.gov



www.campplong.org

Programs

Nature Scrapbooking for the Whole Family – Making Borders!

Use the fun concepts you learned in the beginning Nature scrapbooking class (or previous scrapbooking knowledge) to add beautiful borders to your pages. Learn how to enhance all your scrapbooking with wonderful borders. We'll use various tools and techniques in this class. Materials and handouts provided.

Ages: Families with Kids 6 & up. All Kids are required to be accompanied by an adult or parent.

Scrapbook Border Making #1

Tue, Jan 20 6:30 – 8:30 p.m.

Pre-registration & payment due Jan. 17.

Scrapbook Border Making #2

Sat, Mar 20 1 – 3 p.m.

Pre-registration & payment due March 14.

Nature Scrapbooking for the Whole Family!

Creative Memories Consultant Angele Nelson will share tips and tricks to getting those photos and mementos stored permanently in a really fun way! Bring 8 – 10 of your own photos and learn how to make a scrapbook page of your own! Angele will teach you how to make a theme page or decorate for an occasion. Sign up now — scrapbooking is America's fastest growing hobby!

Ages: Families with Kids 6 & up. All kids must be accompanied by an adult.

Family Nature Scrapbooking #1

Wed, Jan 14 6:30 – 8:30 p.m.

Pre-registration & payment due by Jan. 10.

Family Nature Scrapbooking #2

Wed, Feb 25 6:30 – 8:30 p.m.

Pre-registration & payment due Feb. 21.

Family Nature Scrapbooking #3

Wed, Mar 10 6:30 – 8:30 p.m.

Pre-registration & payment due March 6.



Nature Scrapbooking for Kids – Make a Valentine!

Okay Kids — gather up those favorite fun photos and bring them to Camp Long! Angele Nelson will help you put make a special Valentine gift that will be filled of memories that will last forever!

Ages: 6 – 12

Feb 6, 2004

6:30 – 8:30 p.m.

Pre-registration and payment due by Jan 31.

Classy Glassy Sun Catchers!

Join naturalist/artist, Nancy Mednick, on a short forest hike at Camp Long. Learn about plant identification and notice individual characteristic of plants. Take this inspiration back to the art studio and create a glass Sun Catcher with a botanical theme. These glass tiles will utilize hand cut metal designs suspended between two sheets of glass. The completed tiles will be kiln fired and available for pick up the following week.

Ages: Adults and children over 12 years old.

Programs

Sun Catchers #1

Sat, Jan 24 10:30 a.m. – 12:30 p.m.

Pre-registration & payment due by Jan. 16.

Sun Catchers #2

Wed, Feb 4 3 – 5 p.m.

Make a shiny Valentine that reflects your love for nature! Pre-registration & payment due by Jan. 30.

Sun Catchers #3

Sat, Feb 21 10:30 a.m. – 12:30 p.m.

Pre-registration & payment due by Feb. 13

Nature Prints

Sat, Feb 7 10 a.m. – Noon

Create unique and beautiful nature-inspired gifts for Valentine's Day and other special occasions. We will use permanent, water-based paints with shells, leaves, ferns and other natural and unnatural objects to stamp designs on fabric and paper. Bring plain, light colored tablecloths, napkins, fabric, clothing or fancy paper to decorate.

Wear old clothes

Age: Adults and children ages 6 & up with adult

\$10.00 Fee includes all paints and fixative. Pre-register by Jan. 30

Instructor: Hariana Chilstrom

Location: Camp Long lower level



Wrap It Up!

Sat, Feb 7 1 – 3 p.m.

Have fun while you create your own fabulous wrapping papers from paper bags, newspapers and other recycled materials using acrylic paints, tree bark rubbings, leaf prints and monoprint techniques. Learn simple methods to fold and cut your gorgeous papers into unique and fanciful containers for your holiday gifts. Instructor is a professional artist and naturalist.

Age: Adults and children 7 and up.

\$10.00 Fee includes all materials and supplies. Pre-register by Jan. 30.

Draw Near to Nature

Sat, Mar 6 10 a.m. – Noon

Would you like to draw your favorite scene in nature but don't know where to start? Learn how to simplify the details of a natural scene, compose a design and create a finished drawing. The artist instructor will provide a sampling of drawing tools to experiment with, but please bring your own large drawing pad and any favorite tools.

\$10.00 Please pre-register by Feb. 27



Wild Parties

Night Parties

*Design your own
Nature Night Party!*

*The nightlife is wild at
Camp Long!*

**Experience Nature at Night . . .
Rent a cabin and hire a Naturalist**

Round up your family and friends and rent a cozy Camp Long cabin! Enjoy a crackling campfire at your cabin. Then venture out into the night with our Naturalists. Look for flying squirrels, keep your eyes peeled for wily red foxes, hunt for salamanders and listen for owls.

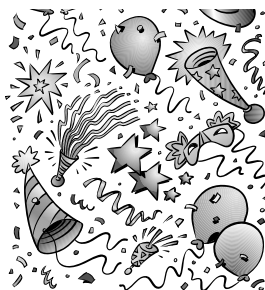
- Night hikes through the forests
- Campfire stories and sing-a-longs
- Owl prowls and *pellet dissections



Naturalist programs are 1 ½ hours long and cost \$65 for 15 people. * Owl prowls with pellet dissections cost \$25 more to cover the cost of the owl pellets. Program confirmation is based on Naturalist availability. **Call 206-684-7479 to make special arrangements.**

Rustic cabins can sleep up to 12 people. Cabins have lights, running water, picnic table, stone fire stove and private campfire ring. Rental includes nearby hot showers and kitchen use. Cabins are \$35 per night. **Call 206-684-7434 to make cabin reservations.**

Camp Long Birthday Parties!



Celebrate your child's birthday in the great outdoors with a Camp Long Nature Party!

Cakes from Borracchini's bakery!

Homemade ice-cream from Husky Deli!

Fee: \$150 for up to 15 kids. Includes nature program, cake, ice-cream and decorations.

Choose from these great themes!

Nature Scavenger Hunt

Search the forest and fields for natural treasures, deciphering clues along the way. Collect your treasures and make a collage to take home.

Rock-Glacier Rappelling

Get a birthday thrill by rappelling down Camp Long's rock-glacier. Discover how to tie knots and "learn the ropes" so you can safely descend the giant rock slabs!

Fee: \$150 for up to 8 kids*

Includes use of all climbing equipment, instruction, cake, ice-cream and balloons.

*each child must be over 8 years old and have a signed waiver from their parent.

Hunters on the Wing

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? Dissect owl pellets and reconstruct food chains. Hike through the forest searching for roosts and learning owl calls. (Add \$25 for cost of owl pellets)

Pond Party

Each kid gets a net, water container and field microscope to use at Polliwog Pond. Catching grogs, salamanders, waterboatman and ferocious dragonfly nymphs is fun for kids of all ages! Pond critters will be gently returned to pond.

Longfellow Creek Programs

Art and Education along the Legacy Trail

Calling all lovers of art (amateurs and professionals!) We have funding to develop a plan and design for "Wayfinding" along the Legacy Trail. Bring your talents and interest to a working group for creating interpretive art and signage for education and aesthetic enjoyment along the creek.

Contact Sheryl at 206-233-2046 or sheryl.shapiro@seattle.gov.

Conversation Cafe

Come to an open space for giving your passions and questions a voice! Have a cup of warmth as we explore what's on your mind about the environment, our community, its history, stewardship and...?

Location at a neighborhood café TBD.

Contact Sheryl for more information and ideas for topics at 233-2046 or sheryl.shapiro@seattle.gov

Location: Neighborhood cafe (Delridge/ Westwood)

Longfellow Creek Legacy Trail

10 a.m. – 2 p.m. Saturdays

Join in creating and caring for segments of Legacy Trail! We are currently working on the site at SW Thistle St., next to Chief Sealth HS with a new P-Patch, Sensory Garden and Outdoor classroom underway. High School community Service credit available.

Call Sheryl at 233-2046 for more information.

On-going Sat. work parties from 10am – 2pm. Call for more information. Children under 14 must be accompanied by an adult.

Longfellow Creek Watershed Council

Meeting of community members interested in the protection and improvement of Longfellow Creek and its surrounding neighborhoods. Current discussions include the potential Monorail impacts in the watershed.

Please contact Sheryl at 233-2046 or at sheryl.shapiro@seattle.gov for more information.

Also check out www.longfellowcreek.org

Usually monthly with special meetings, as needed. Contact Sheryl at 233-2046 or sheryl.shapiro@seattle.gov for location and more info.

Instructor: Sheryl Shapiro

Location: Delridge / Westwood

Stories and Photos of Delridge and Westwood

Share your memories and photos of the Delridge and Westwood neighborhoods. It could be about moving to the neighborhood, our local parks, schools, stores, your home.... This is an on-going effort, with 25 interviews already completed. We are gathering information for a historical presentation and/or exhibit for the community.

Contact Sheryl at 233-2046 or sheryl.shapiro@seattle.gov for more information.

NEW Longfellow Creek Trail Map

New Longfellow Creek Trail Map is now available online at www.longfellowcreek.org or in a brochure to guide you on a three mile stroll or shorter walks.

Please contact Sheryl at 233-2046 or sheryl.shapiro@seattle.gov to request a copy and/or to schedule a tour for your group.



Environmental Stewardship

Camp Long ELC Advisory Council Opportunity

Are you looking for a way to volunteer in your community?

Camp Long is seeking individuals from the Southwest or Southeast Seattle community who are interested in serving as advisory council members to Camp Long ELC. Currently, Camp Long's Advisory Council is made up of six individuals. We would like to add more diversity to the council by adding people of cultural backgrounds, seniors and youth and teens.

The Advisory Council meets once per month for two hours (7 - 9 pm) on the second Wednesday of each month in the Camp Long lodge. In general, the council works with Parks Department staff by identifying programs, projects, and fundraisers to benefit Camp Long's mission of environmental education, stewardship and justice.

For more information, please contact: Terri Arnold, Education Program Supervisor at 206-684-7415.

Winter 2004 Meeting Schedule: January 21, February 18, and March 17

Calling All Eagle Scouts

Calling all Eagle Scouts to Camp Long! Do you need inspiration for your Eagle Scout project? Choose Camp Long for your Eagle Project and contact Terri at Camp Long, 684-7415; she has lots of projects to inspire you!

Seattle Audubon's Bird Banding!

Saturdays 9 a.m. - 1 p.m.

How do scientists study wild birds? What local birds are found in your neighborhood parks? Come to one of Seattle Audubon's bird banding demonstrations on Longfellow Creek and view live birds up close. Watch Seattle Audubon's trained teen naturalists catch, measure and release local birds. **All ages welcome!**

Free

People don't need to register, just drop by to see what it's all about. Call Seattle Audubon's Emily Sprong at 523-4483 for more information.

Weather permitting bird-banding will be on January 24, February 28, and March 27.

Location: Longfellow Creek Restoration Site on Thistle next to Chief Sealth High School



The Mountaineers 2004 NW Environmental Issues Course

**Mon, Feb 2-Mon, Apr 12, 2004
6:30 - 9 p.m. Mondays**

Become a fully informed advocate for the Northwest's natural resources by taking this local Environmental Issues Course. The course provides lectures and field instruction designed to provide participants with tools and awareness that they can then use to protect the natural resources of the Northwest.

Students examine the often conflicting interests of forests, water, wildlife, growth management, consumer spending, energy, and more through lectures by local environmental experts, group discussions, and other activities.

Optional field trips vary in times and locations. We will visit a recycling center, the Carbon River Valley, the Cedar River watershed, and other interesting sites!

\$45 for Mountaineers / \$50 for non-members / discounts available

Call 206-284-6310 for questions & registration.

Lecture Topics

Wildlife	Forests
Global Warming	Water
Energy	Lifestyles
Transportation	Growth Management

Instructor: local environmental experts

Location: The Mountaineers

Environmental Stewardship

“Friends of Schurman Rock”

Schurman Rock is OPEN!

Hello and Happy Fall! All of us here at Camp Long are so excited that Schurman Rock is wonderfully restored and is now re-opened! We are busy preparing ourselves to offer premier programs and education for all levels of climbers. In order to fulfill our endeavors to provide the Seattle community with continued activities connected to Schurman Rock we want to include the community. The best way to provide inclusion is the formation of “Friends of Schurman Rock” a fund that will accept donations and in turn purchase climbing equipment, provide funds for program development and provide money to pay our expert naturalist trained in rock climbing and outdoor adventure.

If you would like to become a “Friends of Schurman Rock” member please contact Terri Arnold at 206-684-7415 or email her at terri.arnold@seattle.gov Give her your address and she will put you on the mailing list for future newsletters and news flashes!

Thank you for your support of Schurman Rock!

Donation for Friends of Schurman Rock

NAME: _____

ADDRESS: _____

PHONE: _____

E-MAIL: _____

DONATION AMOUNT: \$ _____

Send your donations to:

Camp Long Environmental Learning Center
5200 35th Ave SW
Seattle, WA 98126

THANK YOU!

For your support of Schurman Rock



Teacher Resources

School/Group Nature Programs

To make reservations for group programs call Camp Long's Group Reservation number at 206-684-7479.

Elementary Programs

Grades K-6 Program Length: 1.5 hours

Times*: 10 – 11:30 a.m. and 12:30 – 2:00 p.m.

Each program meets EALRs for grade level

* negotiable

Programs are adapted for each grade

Fee: \$65/15 students (Raptors, Glacier & Watershed are More) Some scholarship funds may be available for low-income people.

Raptors-Hunters on the Wing year-round

How do owls fly silently? Just how good is eagle-eye vision? And how can owls hear mice under the snow? **Dissect owl pellets**, constructing food chains. Hike through the forest searching for roosts and learning owl calls. **\$75**

Discovering Wild Plants year-round

Which animals find stinging nettle delicious? What tree can cure scurvy? How did local tribes use cedar? Learn secrets of plants in a program that grows on you! Program emphasis varies according to EALRs by grade and teacher request.

plant growth, ethnobotany, trees, plant

identification, edible/poisonous plants

fall leaf color – October only

Incredible Insects May-October

Bizarre, wonderful, and incredibly fascinating insects live right outside your school-door!

Learn the weird life stories of beetles, dragonflies, bees, true bugs and all their 6-legged relatives.

Students **use butterfly and sweep nets, hand lenses and field microscopes** to catch and identify insects. Bugs will be released, except for a select few that may be taken back to the classroom for further study.

Forest Explorers year-round

From slimy slugs to clever foxes, all life in the forest is interdependent. Students explore the forest, learning woodland ecology through **hands-on experiments and discovery**. Emphasis may be adapted to meet teacher's needs.

Exploring a Watershed year-round

An exciting all day field trip! Hike the woods to Longfellow Creek exploring life in the forest, pond & salmon stream..

10:00 a.m. – 1:30 p.m.

\$120/15 students

Peering into Polliwog Pond April–October

Delve into the depths of aquatic entomology and discover monstrous dragonfly nymphs, fairy-like mayflies, voracious water bugs and the salamander larvae that eat them. Students will **use nets and field microscopes** to catch and identify pond life, gaining an understanding of developmental metamorphosis of animals and the importance of wetlands.

Birdwatching year-round

Meet our **Corvus**, our live crow – a wild bird up close! Learn about avian characteristics and adaptations for flight. Hike through forest and meadow looking and listening for birds and searching for their nests. Students will learn proper **use of binoculars**, study stuffed bird specimens and learn local bird songs.

Beach Life (low tide days April – August)

Explore the intertidal zone at Mee Kwa Mooks beach (about 1 mile west of Camp Long). Students learn the challenges of life in the tide zone and adaptations animals use to survive. Get to know crabs, seastars, nudibranchs, and how they live.



Teacher Resources

Rock Glacier Rappelling

Fee \$150/15 children

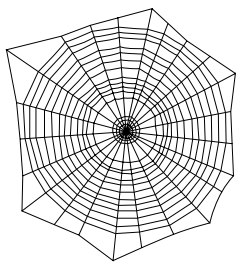
Come join us at Camp Long's rock glacier for some fun in learning basic rappelling skills. This program is taught on Camp Long's rock slabs (artificial glacier). Students will work closely with two climbing instructors to develop introductory technical skills of rappelling, climbing safety, safety equipment use, and knot tying. This will be a boost to self-confidence, responsibility, and trust. The program is two hours long and can accommodate a maximum of 15 students. If it's raining alternate programming provided.



year-round

Where Do They Go In Winter? November – February

Learn about animal and plant adaptations for winter. Where do frogs and insects go? How do birds survive the cold? Find out what animals hibernate and who migrates. Then bundle up for an investigation of Camp Long's woods in winter. Become a nature detective, interpreting animal signs that tell the 'story' of their presence. Make prints or plaster casts of animal tracks to take back to the classroom.



Search for Spiders September – October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn spider science, how webs are constructed; and meet some arachnid relatives. In addition

to **wild native spiders & pseudoscorpions**, students will get to meet our **live tarantula**.

Pre-School Programs

Day Care Groups & Pre-Schools

1 hour programs

Fee \$45/10 children

Animal Homes year round

Search for nests, holes and homes in forest and field. Discover what animals live at Camp Long and maybe even find a few at home in the woods. Kids get to use giant magnifiers.

Creep with the Crawlies May-October

Spy out spiders, chase butterflies and hold beetles. Learn about the lives and habits of all kinds of "bugs" and discover they're not so creepy after all. Kids get to use nets.

Poking in the Pond April-October

Dip for salamanders, frogs and exciting water bugs! Learn what animals just live in the pond when they are kids, and who spends their whole life underwater. Wear boots.

Search for Spiders September-October

Discover fascinating, beautiful spiders in the fields and meadows of Camp Long. Learn how spiders differ from bugs and examine pretty webs. Then pet our **live tarantula**!



206-684-7434



camplong@seattle.gov



www.camplong.org

19

Policies and Procedures

You can make a difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held on the second Wednesday evening of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

2004 Advisory Council Meeting Schedule

January 14	July 14
February 11	August 11
March 10	September 8
April 14	October 13
May 12	November 10
June 9	December 8

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities.

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about room rentals, please view our facility rental brochure. (<http://www.cityofseattle.net/parks/reservations/facrentalguide.htm>)

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to our Advisory Council. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Policies and Procedures

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.



Camp Long Staff Telephone Directory

Terri Arnold, Supervisor 684-7415

Jacinta Talamaivao,
Administrative Specialist 684-7434

Roy Amdal, Maintenance Laborer 684-7434

Seattle Parks Naturalists:

Sheryl Shapiro,
Longfellow Watershed Educator .. 233-2046
www.longfellowcreek.org

Sherry Mathers, Group Programs 684-7479

Jeanie Murphy-Ouellette 233-2637

Hariana Chilstrom 233-2637

Community Phone List

Community Centers

Alki	684-7430
Ballard	684-4093
Bitter Lake.....	684-7524
Delridge.....	684-7423
Garfield.....	684-4788
Green Lake	684-0780
Hiawatha.....	684-7441
High Point.....	684-7422
Jefferson.....	684-7481
Langston Hughes Performing Arts Center.....	684-4757
Laurelhurst.....	684-7529
Loyal Heights	684-4052
Magnolia.....	386-4235
Meadowbrook.....	684-7522
Miller.....	684-4753
Montlake	684-4736
Queen Anne.....	386-4240
Rainier Beach	386-1925
Rainier	386-1919
Ravenna-Eckstein	684-7534
South Park.....	684-7451
Southwest	684-7438
Van Asselt	386-1921
Yesler	386-1245

Pools

Ballard	684-4094
Evans	684-4961
Madison.....	684-4979
Meadowbrook.....	684-4989
Medgar Evers	684-4766
Queen Anne.....	386-4282
Rainier Beach	386-1944
Southwest	684-7440
Colman (Summer only)	684-7494
Mounger (Summer only).....	684-4708

Environmental Learning Centers

Carkeek Park E.L.C.	684-0877
Camp Long E.L.C.	684-7434
Discovery Park E.L.C.....	386-4236
Seward Park E.L.C.....	684-4396

Community Connections

Alki Bathhouse	684-7430
Animal Control	386-4254
Aquarium Info	386-4320
Ballfield Reservations	684-4082
Bats Northwest	256-0406
Bathhouse Theater	524-1300
Boat Launch Permits	684-4075
Compliments/Concerns	684-4837
Delridge Library.....	733-9125
Handicapped Programs.....	684-4950
Parking Enforcement.....	625-5011
Parks Information.....	684-4075
PAWS	743-3845
Permits – Park Use	684-4080
Permits – Special Events	684-8017
Picnic Reservations.....	684-4081
Pitch & Putt Golf	632-2280
RUG Youth Baseball.....	523-8377
Senior Adult Programs.....	684-4951
Senior Adult Class and Trip Registration (SW)	684-4115
Seattle Tennis Center.....	684-4764
Southwest Library.....	684-7455
Special Populations.....	684-4950
Sports Programs – Adult	684-7092
Sports Programs – Youth	684-7094
Volunteer Opportunities	684-4557
West Seattle Golf.....	935-5187
West Seattle Little League	937-1928
Wild Bird Clinic	824-6249
Woodlawn Youth Soccer.....	632-1930
Yellow Cab	622-6500
Zoo information	684-4800

Notes

Mail-in Registration Form for Camp Long Programs

Mail your registration and check to **Camp Long, 5200 35th Ave. SW, Seattle, WA 98126.**

Please make checks payable to Camp Long Advisory Council.

Email your registration request and credit card information to camplong@seattle.gov

Call 206-684-7434 for more information.



Please add me to your mailing list. ☐ Yes

Registrant Name/Address	Phone	Email address	Age	Program	Date	Fee
If a participant drops a program for which sh/he is registered prior to 2 weeks before the class date, \$1.00 or 10% (which ever is greater) will be retained. If a participant drops a program less than 2 weeks prior to the class date, no refund will be given. No refunds for partial participation in a class or program. Full refund for a class cancelled by Camp Long. For full refund; cabin, lodge and wedding cancellation must be made 3 weeks in advance.				Total Enclosed		

Method of Payment: ☐ Check

☐ Visa 

☐ Mastercard 

Full name on the card _____ Expiration date: _____

Card number: _____ Office use: Receipt # _____



Camp Long
Environmental Learning Center
5200 35th Ave. SW
Seattle WA 98126

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